

Aisha's Family Group Conference

Auntie Layla will teach me to cook meals.

Dad will speak to me every day to make sure I am okay.

Dad will remind me to take my medication.

I will stay at dad's house overnight twice a month and auntie Layla will look after mum.

Dad will help me to explore what support is available for young carers.

Dad and auntie Layla will make sure I make time for myself.

